

Conifer Weekly Announcements

Hello Conifer Family and Friends, this is Principal Paxton with your weekly update on news and information for the week of Monday, April 12th through Saturday, April 17th.

Here are some important announcements...

State SAT/PSAT Testing –	The State SAT/PSAT is scheduled for Tuesday, April 13th. Students should get plenty of sleep the night before, arrive at school by 7:30 a.m. and bring with them
Tuesday, April 13th	a personal calculator and 2-#2 pencils.
	All three tests will finish between 11:00 and 11:30 a.m. If your student is using accommodations for the test, they will be afforded an extended time period Parents are encouraged to pick up their child after testing concludes at 11:30 a.m. Buses will run as normal with a pick-up time of 2:00 p.m. Lunches will be provided and students can wait in the cafeteria or gym to be picked up.
	As a result of the State testing, Friday , April 16 th will be a regularly scheduled Silve Day with in-person and remote learning.
	Below is the schedule for next week.
	PERIOD SCHEDULES
	April 2021 M T W Th F 12 A 13 14 A 15 B 16 B Green Day Silver Day
	Testing Day
PSAT/SAT On-Line Prep-Course	As our students prepare for Tuesday's assessments, Conifer is providing a <u>free</u> online PSAT/SAT strategy prep-course. Students can participate in the online course by joining the Google Classroom: <u>tinyurl.com/1lg7inba</u> .

New Graduation Requirements for Class of 2022 Attention Juniors, the State Board of Education has established new graduation requirements that students will need to complete in order to graduate from Conifer High School. The graduation requirements for the class of 2021 will be based solely on successful completion of the required 23 credits. The **demonstration of knowledge** for graduation readiness will still be required for the graduating classes of 2022 and beyond.

STUDENTS MUST EARN CREDITS AND DEMONSTRATE MATH AND ENGLISH KNOWLEDGE.



REQUIRED COURSE CREDITS

Students are required to complete the 23 credit hours of study shown below.

1 SUBJECT	JEFFCO CREDITS	HEAR CREDITS ^a
English Language Arts	4	4
Math	3 b	4
Science	3 °	3
Social Studies	3.5 d	3
Physical Education	0.5	None
Fine/Practical Arts	0.5	None
World/Foreign Language	N/A	1
Additional Coursework	8.5	2
TOTAL	23	N/A

- ^a Higher Education Admission Recommendations for Colorado public four-year colleges/universities; private colleges/universities set their own admission standards
- ^b A minimum of algebra 1, geometry and one additional course at or above geometry
- c Three credits must be lab-based and meet both process and content standards are required
- ^d Geography, U.S. history, world history, U.S. government, economics

DEMONSTRATION OF KNOWLEDGE

Students are also required to demonstrate their knowledge in English and math to show they are ready to pursue a career after high school. Students may choose from a wide menu of tests, college-level courses, and new approaches like industry certifications and Capstone to fulfill the demonstration requirement.

Click on the linked option name below for more information.

2 DEMONSTRATION OPTIONS ^a	ENGLISH	MATH
Accuplacer Next (Español)	241/Reading or 236 Writing	255/AR or 230/QAS ^b
ACT (Español)	18	19
ACT Work Keys (Español)	Bronze	Bronze
Advanced Placement c (Español)	2	2
ASVAB (Español)	31	31
Concurrent Enrollment (Español)	Passing Grade	Passing Grade
International Baccalaureate c(Español)	4	4
SAT d(Español)	470	500
District Capstone (Español)	Individualized	Individualized
Industry Certificate (Español)	Individualized	Individualized
Performance Based Assessment	State Rubric	State Rubric
(in development)		
^a Check with your school to learn which of the above options are offered	1	

- ^b Arithmetic (AR); Quantitative Reasoning, Algebra, and Statistics (QAS)
- c Other demonstrations may be required if test scores come after deadline
- $^{\mbox{\scriptsize d}}$ All students are required to take the SAT in their Junior year

Upcoming Senior Dates

Here are some important upcoming Senior dates:

- Senior Breakfast Tuesday, April 13th at 8:30 a.m.
- Junior/Senior Prom Thursday, May 20th at 6:00 p.m.
- Class of 2021 Senior Award Ceremony Friday, May 21st at 6:00 p.m.
- Class of 2021 Commencement Ceremony Saturday, May 22nd at 11:00 a.m.

Recruiting High School Students for Jeffco Student Health Advisory Council -Due Wednesday, April 14th

Do you know a high school student who is passionate about health and wellness? The Jeffco Student Health Advisory Council (SHAC) is recruiting new members. SHAC is a council of high school students from across Jeffco. Each year, students lead meaningful work for the health and wellness of their peers. SHAC is a wonderful opportunity to make a difference and to gain professional and leadership skills.

Find out more about SHAC on their website. Students interested in applying can complete the application here. **DEADLINE TO APPLY IS APRIL 14, 2021**.

COVID Vaccine at Conifer High School Friday, April 16th

Conifer High School is excited to host a drive-thru COVID vaccine site for STRIDE Community Health on Friday, April 16th from 9:00 a.m. until 2:00 p.m. To reserve your vaccine shot, please contact STRIDE at https://stridechc.org/. If you need assistance, please call Stride at 720-361-4000.

	As a reminder to Juniors and Sophomores that drive to school, parking on Friday, April 16 th will be temporarily moved to the west side of the campus.
Counseling Updates for Junior Parents and Students	The Conifer Counselors have recently finished their first workshop on college planning. If a student was unable to attend the March 23 rd presentation, please check out the Counseling website for a copy of the recording. If you have any questions, please reach out to a Conifer Counselor.
Counseling Workshop – Tuesday, April 20 th from 3:00 to 3:30 p.m.	The next workshop will be on <u>Tuesday, April 20th from 3:00 until 3:30 p.m.</u> The Counselors will be discussing College Planning in more depth! Here is the link and meeting code to join the presentation: https://tinyurl.com/39w6vyzh Meeting ID: 852 8555 0503 Passcode: 330552
Link Leader Applications Due Friday, April 23rd	Conifer High School is now accepting Link Leader applications for the 2021-2022 school year! If you are a current Sophomore or Junior interested in mentoring the incoming Freshmen class to our Conifer High School community, please complete the Link application found on the Conifer High School homepage. Link Applications are due Friday, April 23 rd . Link Leader application: https://tinyurl.com/4n5kxaxu
Schwartz Award Nominations Due Friday, April 23rd	It is time to nominate a Conifer staff member or community volunteer for the Annual Schwartz Award! This award is given to a professional (teacher, staff member, coach) or adult volunteer whose work at Conifer High School exemplifies and promotes the "Vision of Excellence". Nominations are due by Friday, April 23 rd ! Click here to nominate!
	A nominee promotes the "Vision of Excellence" by exhibiting one or more of the following characteristics:
	*Advocates for students balancing academic excellence with athletics, fine art and extra-curricular activities
	*Supports teachers and staff
	*Is a positive problem solver
	*Is energetic and enthusiastic
	*Prepares students for success in today's world by encouraging critical and global thinking
	*Challenges students to achieve efficacy through leadership opportunities, collaboration, and investment in all endeavors
	*Engages students with dynamic and innovative instructional practices
	*Provides various opportunities for support to meet individual student needs

Community Mental Health and Wellness Resource – Thursday, April 29th

Strengthening our Community through Mental Health and Wellness

Parent/Caregiver Seminar Series

Mindful Families: Calm and Confident Parenting in Stressful Times

Mindfulness is a tool for bringing calm, compassion, well-being and connection to your family. Mindfulness as 'a way of being.' Whether you are new to the practice or it's a part of your daily life, this session will take you on a mindfulness journey of exploring the basics, the benefits, and easy to use techniques. You will leave the session with these main takeaways.

- Understand what mindfulness is and learn how can it benefit you as a parent or caregiver
- Learn five mindfulness practices you can use with yourself and your children/teens right away
- Learn ways to laugh more and yell less as a family
- Learn to relate to your emotions, even the big ones, in a positive way
- Learn how to reduce stress and manage fear and anxiety
- Learn how to be intentional about what your mind is focusing on

andrabrill, ph.d.

AUTHOR, SPEAKER & MINDFULNESS COACH

Andra Brill, Ph.D. is a writer, speaker and innovator in the growing field of mindful parenting. She is the Founder and CEO of <u>Happy Mindful Families</u> where she offers practical tools for raising resilient, well-balanced children. Her work has been featured on the Huffington Post, Positive Parenting Connection and a special guest on podcasts including <u>Big Time Talker</u>. In her spare time Andra enjoys paddle boarding, making pancakes and impromptu dance parties in the kitchen.



Thursday, April 29, 2021

Two Sessions

• Session A: 11:00am-12:15pm

Session B: 5:30pm-6:45pm

75 minutes presentation

REGISTER HERE

	Q&A 15-20 minutes (optional)
	Visit <u>Jeffco's Mental Health and Wellness Hub</u> for additional mindfulness resources for families as well as access to resources and recordings of past seminar sessions.
Updated Sign Out Procedures	With the return to In-Person Learning, students can be excused early from school by calling the Conifer Office Front Desk at 303-982-5255 and speaking directly with an office staff member or student assistant. Please provide the student's name and what time you need the student to be released. After collecting the information, you will be transferred to the Attendance Office to excuse the student. The office staff member will prepare the pass and have it delivered to your student. Excused students are expected to sign out in the main office and show their red pass to a Campus Supervisor before leaving the building. To avoid a long wait, it helps to call early.
2021 Senior Class Picture	As you know, we have not been able to take our traditional senior class picture this year. The company that takes the picture every year has come up with a creative solution so our seniors can still get a class picture, and we have something we can display at school. Details about the picture has been sent to all seniors in an email message.
Hosting an Exchange Student for 2021- 2022 School Year	When your family hosts an exchange student, you can share your American way of life with a young person from another culture, connect to your community in exciting new ways, and bring the world right into your own home.
	Host an international exchange student for the August 2021-May 2022 school year with EF.
	Education First (EF Tours), an impeccably trusted and established, world-wide High School Exchange Year Program, has been promoting global awareness through student exchange for over 40 years. We bring more students to the US than any other high school exchange program. For more information, please contact Lauren Drabble by email at lauren.drabble@efexchangeyear.org or check out the attached flyer.
Outdoor Lab Applications Due Friday, April 30 th	Attention current Sophomores and Juniors, would you like to be an Outdoor Lab Leader next fall semester (September 27th - October 1st, 2021)? It is an honor, privilege, responsibility, and commitment to be a High School Leader for Outdoor Lab. Students have the unique opportunity to serve as high school leaders by becoming guides, teachers, friends, advisers, and a source of inspiration for 6 th graders from West Jeff Middle School. There are posters around the school

	with a QR code to the application. If you have any questions, please contact Ms. Spease by email at Kim.Spease@jeffco.k12.co.us .
TeamWorks Summer Conservation Work	Students, do you want to make \$15.00 an hour, work with people your age, learn new skills, and spend all summer outside? If your answer is yes to any of these questions look no further for a summer job, because TeamWorks is now hiring crew members! The Conifer based TeamWorks crew will meet at Conifer High School Monday - Thursday from June until August and travel to different locations around the Front Range doing conservation work! Please visit our website www.teamworkscolorado.org for more information and to apply!
PTSO Mind Blown Trivia Night – Saturday, May 8th	The Conifer PTSO is excited to host this year's Mind Blown Trivia Night, which is scheduled for Saturday , May 8th . Please help our PTSO with this annual fundraising event.
Support CLUB Last Push for Bleachers	Support CLUB (Conifer Lobo Unified Boosters) as they are making their final push to install bleachers on Fitz Field by next fall. CLUB has dedicated themselves to improving Conifer facilities over the years by installing lights and team rooms. Conifer High School would not have the best facilities in Jefferson County without CLUB. Please check out their website at https://www.clubchs.org/
Conifer Summer School – June 1st through June 24th	Conifer Summer School will provide in-person and remote options for credit recovery from June 1 st – 24 th . Registration begins on May 1 st . For more information, please contact Assistant Principal Greg Manier at Gregory.Manier@jeffco.k12.co.us or by phone at 303-982-5291.

In Sports ...

Athletic Registration	NOW is the time to sign up for Season "D", which includes Baseball, Girls Golf, Boys and Girls Lacrosse, Girls Soccer, Girls Tennis and Girls and Boys Track. Please register HERE!
Outstanding Athletic Fees	All athletic fees need to be paid before the athlete can practice or compete. Please check your Jeffco Connect to see what fees you may owe.
Tuesday, April 13 th Boys Soccer	Boys Soccer team will travel to face the Cougars of Evergreen High School for the Game of the Week! The game starts at 4:00 p.m. Go Lobos!
Saturday, April 17 th Boys Soccer	Boys Soccer will host Standley Lake High School on Fitz's Field at 11:00 a.m.
Saturday, April 17 th Volleyball	Volleyball will take on Standley Lake High School at home starting at 1:00 p.m.